



सूर्यबिनायक नगरपालिका

कटुञ्जे, भक्तपुर

बागमती प्रदेश, नेपाल

मिति: २०७६।१।२८

सूर्यबिनायक नगरपालिकाको मिति २०७६।१।२० मा प्रकाशित करार सेवामा कर्मचारी भर्ना सम्बन्धी सूचना बमोजिम विभिन्न पदहरूमा आवेदन परेका उम्मेदवारको लोक सेवा आयोगको पाठ्यक्रम अनुसार विज्ञापन नं. १० को लिखित परिक्षा तथा विज्ञापन नं. ११ को अन्तर्वाता तपसिल स्थान, मिति र समयमा सञ्चालन हुने भएकोले सम्बन्धित सबैको जानकारीको लागि यो सूचना प्रकाशित गरिएको छ।

विज्ञापन नं. १०/०७६/०७७

पद: हेल्थ असिस्टेण्ट

सि.न.	दर्ता नं.	नाम / थर	ठेगाना	मो. नं.	मिति, समय र स्थान
१	१	शैलेन्द्र कुमार सहनी	भक्तपुर	९८०३१८६६८६	लिखित परिक्षा २०७६।१।२।०९, गते बिहान ८ बजे सूर्यबिनायक नगरपालिका हल
२	२	आकृति कार्की	भक्तपुर	९८४०२५२८९०	
३	३	मुकुन्द बिसी	रुकुम	९८४०६३२८६६	
४	४	पदमराज पाण्डे	जुम्ला	९८६३१६३७२५	
५	५	योगेन्द्र मगर	सिन्धुली	९८४४२५४३१०	
६	६	भुमिका दुलाल	भापा	९८२६९१०५४५,	
७	७	मञ्जु गोसाई	भक्तपुर	९८४९१२७४३२	
८	८	भलक वस्नेत	रुकुम	९८०६२७५८१०	
९	९	पुजा आचार्य	काठमाण्डौ	९८६५३४४८२९	
१०	१०	सलिना आचार्य	काठमाण्डौ	९८४३६६७६६१	
११	११	दिपिका गोसाई	भक्तपुर	९८४०१८८९४९	
१२	१२	विनिता सुवाल	भक्तपुर	९८०३५७८४७४	
१३	१३	सुजन श्रेष्ठ	भक्तपुर	९८४१४३१२०५	
१४	१४	राधिका मैया खर्बुजा	भक्तपुर	९८६९८४४२३५	
१५	१५	चक्र प्रसाद चौलागाई	भक्तपुर	९८६८८२००६०	

*(Handwritten signature)*



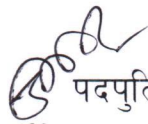
विज्ञापन नं. ११/०७६/०७७

पद: कार्यालय सहयोगी

सि.न.	दर्ता नं.	नाम / थर	ठेगाना	मो. नं.	मिति, समय र स्थान
१	१	निर्मला थापा	सु.न.पा. ०१	९८४९२८३९६०	मौखिक परिक्षा २०७६।१।०२ गते बिहान १० बजे सूर्यविनायक नगरपालिका हल
२	२	सुमित्रा त्वायना	सु.न.पा. ०४	९८४३८११८६३	
३	३	सरु देउवन्जार	सु.न.पा. ०७	९८१३७६६५२७	
४	४	कुसुम खड्का	सु.न.पा. ०४	९८४११०६६७४	
५	५	सविना वार्निँया	सु.न.पा. ०७	९८०३५५६५४३	
६	६	कविता तितजु	सु.न.पा. ०५	९८६११५५५६५	
७	७	रोजिना थापा	सु.न.पा. ०३	९८०८३१९०७१	
८	८	कल्पना श्रेष्ठ	सु.न.पा. १०	९८०३६९९८०७	
९	९	प्रमिला सापकोटा	सु.न.पा. १०	९८६१०३१४८७	
१०	१०	सुस्मा आचार्य	सु.न.पा. ०२	९८४१०५८९८३	
११	११	पार्वति थापा	सु.न.पा. ०५	९८४९४२५८२४	
१२	१२	सरिता थापा सिलवाल	सु.न.पा. ०३	९८४१२९९३८१	
१३	१३	निलम तखाछे	भ.न.पा. १४	९८४१५६७६३५	
१४	१४	गौरी विष्ट रानाभाट	सु.न.पा. ०३	९८४९३७९५८२	

दृष्टव्यः

- लिखित परिक्षा दिन आउने उम्मेदवारले अनिवार्य आफ्नो परिचय खुलाउने प्रमाण लिई आउनुपर्नेछ ।
- परिक्षा हलमा मोबाईल फोनको प्रयोग गर्न पाईने छैन ।
- उत्तरपुस्तिकामा अनिवार्य रुपमा कालो मसी भएको कलम मात्र प्रयोग गर्नुपर्ने छ ।
- मौखिक परिक्षा हुने उम्मेदवारले आफुसग भएको सम्पूर्ण सक्कलै प्रमाणपत्र लिई आउनुहोला ।

  
पदपुर्ति समिति  
सूर्यविनायक नगरपालिका





नेपाल स्वास्थ्य सेवा, हेल्थ इन्स्पेक्सन समूह, सहायक पाँचौँ तह, अन्तरगतका पदहरूको खुला र आन्तरिक प्रतियोगितात्मक लिखित परीक्षाको पाठ्यक्रम

- 1. Introduction, National Policy, Planning , Strategies and implementation status of Public Health Programmes in Nepal**
  - 1.1 Family Planning, Safe Motherhood,
  - 1.2 Control of Diarrhoeal Diseases (CDD), Acute Respiratory Diseases (ARI), Nutrition, National Programme on Immunization & Integrated Management of Childhood Illness (IMCI)
  - 1.3 Malaria, Kala-azar, Japanese Encephalitis, Filaria
  - 1.4 Human Immuno Deficiency Virus (HIV)/Acquired Immuno Deficiency Syndrome (AIDS) and Sexually Transmitted Diseases (STD) Control
  - 1.5 Tuberculosis and Leprosy Control.
  - 1.6 Health Education, Information and communication
- 2. Planning and Management**
  - 2.1 Community Health Diagnosis & Health Profile
  - 2.2 Micro Planning of Health Programme
  - 2.3 Supervision, Monitoring and Evaluation of Health Programmes
  - 2.4 Health Management Information System (HMIS)
  - 2.5 Planning and Management of Camps
  - 2.6 Cold Chain Management
  - 2.7 Health Training Management in different settings
  - 2.8 Logistic Management
- 3. Organizational Structure and Functions**
  - 3.1 Ministry of Health and Population (MoHP), Department of Health Service (DoHS), Regional Health Directorate (RHD)
  - 3.2 District Health Office (DHO), District Public Health Office (DPHO)
  - 3.3 Primary Health Care Center (PHCC), Health Post (HP), Sub Health Post (SHP)
- 4. Community Mobilization & Local Governance**
  - 4.1 Female Community Health volunteers (FCHV) and Mother's Groups
  - 4.2 Primary Health Care Outreach Clinic
  - 4.3 Community Drug Programme (CDP)
  - 4.4 Mobilization of Local Health Leaders and Committees
  - 4.5 Decentralized Management of Health Services
- 5. Epidemiology and Disease Control**
  - 5.1 Definition, Scope, Causes of Disease and Infection
  - 5.2 Types and Management of Disasters
  - 5.3 Management of Epidemics
  - 5.4 Causes, Signs, Symptoms, Management, Prevention and Control of Gastroenteritis, Dysentery, Cholera, Typhoid Fever, Giardiasis, Malaria, Filariasis, Encephalitis, Kala-azar, Parasitic Infestation, Scabies, Chicken Pox, Influenza, Mumps, Rabies, Hepatitis, Ring Worm, Leprosy, Tuberculosis, Helmenthiasis, Pertusis, Measles and Diphtheria



6. **Environmental Sanitation**
  - 6.1 Water Purification, Waste Management, Food Hygiene, Sanitation of public places, Health Hazards, Sanitary Latrines, Basic Measures in Controlling Rodents, Medical Importance and Measures of Controlling Common Vectors and Insects
7. **Child Health Problems and Interventions**
  - 7.1 Common Neo-natal Problems
  - 7.2 Common Child Health Problems like CDD, ARI, Malaria and Malnutrition.
  - 7.3 Nutritional Interventions, Immunizations Services
8. **General Medicine**
  - 8.1 General History Taking, Simple Physical Examination, Systemic Examination.
  - 8.2 Various Methods of Diagnosis, Complication and Management of Diseases in Respiratory, Digestive, Cardiovascular, Urinary, Endocrine, Hematology and Central Nervous System with its terminology, Etiology and clinical features
9. **First Aid and Emergency Management**
  - 9.1 Shock, Poisoning, Injuries, Haemorrhage, External bleeding, Thermal and Chemical Burns, Fracture and Dislocation, Frost Bite, Insect bite, Animal bite, Snake bite and Drowning, Abscess and Cellulites
10. **Skin Diseases**
  - 10.1 Impetigo, Contagious, Boils, Tinea Infection, Herpes Zoster, Scabies, Eczema, Allergic Conditions and Acute drug reaction
11. **Elementary Surgery**
  - 11.1 Haemorrhage, Management of inflammation, Septicemia, Toxemia, Sinus, fistula, Gangrene, Wound, Tetanus, Acute Pain Abdomen, , Hernia, Anal Fissure, Piles, Acute Retention of Urine, Causes of Frequent Urination and Nocturia, Management of Rupture of Urethra, Haematuria, Phymosis, Paraphymosis, Hydrocele, Head Injury, Clinical features and management of Osteomyelitis, Local Anesthesia, Sterilization of Surgical Instruments
12. **Eye, Ear, Nose and Throat Diseases**
  - 12.1 General Examination procedures of Eye, Ear, Nose and Throat
  - 12.2 Sign and Symptoms and General Managements of Eye Lid complications, Red Eyes, Trachoma, Corneal ulcer, Night Blindness, Cataract, Pterygium, Iridocyclitis, Glaucoma and foreign body in the eyes
  - 12.3 Removal of Wax and Foreign Bodies, Sign and Symptoms and Managements of Otitis Media, Otitis Externa and referral conditions of hearing problems
  - 12.4 Deviated nasal Septum, Nasal polyps, Epistaxis and Sinusitis
  - 12.5 Clinical Features, Complications and management of Acute Tonsillitis, Pharyngitis and Laryngitis
13. **Oral Health and Mental Health**
  - 13.1 Dental plaques and calculus, Dental Carries, Periodontitis, Peridonal pockets and Abscess, Importance and Maintenance of Oral Hygiene
  - 13.2 Psychosis, Neurosis and Mental Retardation
14. **Reproductive Health Problems and Interventions**
  - 14.1 Male and Female reproductive System, mechanism of Menstruation, Conception, Evolution, Vaginal Discharge, Management of Per Vaginal Bleeding, Post





Menopausal Bleeding, Uterine Prolapsed, Pelvic Inflammatory Diseases; causes, Sign, Symptoms and Complication of Ectopic pregnancy, Management of Engorgement of Mastitis. and Breast Abscess

- 14.2 Management of Normal Labor and Early Diagnosis and referral of Complicated Pregnancy, Labor, Puerperium
- 14.3 Safe Abortions, Permanent and Temporary Contraceptives

## **15. Acts and Regulations**

- 15.1 Health Service Act, 2053 and Regulation, 2055
- 15.2 Health Professional Council Act, 2053 and Regulation, 2056